



December 2009

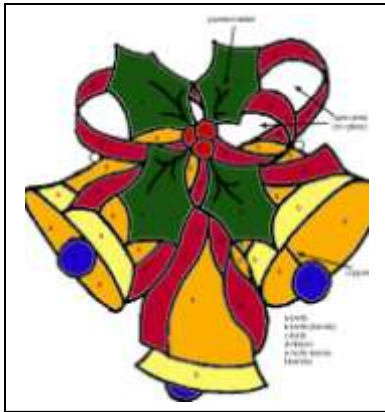
NEWSLETTER

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 Christine Jackson President
 Vince Owen Treasurer
 Sarien De Beer Secretary



Home of Peel Seniornet

GENERAL MEETING Monday November 23rd. 2009



President Christine Jackson opened the meeting and welcomed new members Muriel Ming, Maureen Bernardo & Fay Kyte. Big' thank you' to Gwen Swaby for sitting in for Secretary Sarien who was unable to attend.

The Committee, Christine continued, have been giving serious thought to new workshops for our group in the coming year. One that has come up is putting old Vinyl records onto a CD in fact we have had a request for that and we're looking into it. Apparently a special program is needed and it's a long & slow process but works well and is clear. There is an article on our website about this.

New committee member Jim Thomson has all the information on this procedure also. Special Turn tables are available at Dick Smith.

Has anyone else got a request for a Workshop next year ? Please contact PSN mail with your ideas. Arthur will pass on to the relevant helpers.

Mobil Phone instructions packages have been completed by Sarien. Some of the Members waiting for these were able to collect at the meeting. There are more available and the cost is 25c a sheet.

I will be getting help with the Newsletters from now on ! Joyce Thomson will be assisting ! I'd like to thank her .

Congratulations to Meri Forrest – she has won first prize in the ASCCA competition for her poem and an honourable mention for her prose piece! We were lucky enough to be able to hear Meri's poem at the meeting. Good work Meri!

Training : Tom Hoffman

Tom's Schedule for next year is being posted on to our web and John MacMahon will be doing XL in the first half of the coming year also . From July our trainer will not be available so we are looking for suggestions from members. Please contact myself or any member of the committee if you have a request. Plus if you would like to be one of the helpers to hold a session in the schedule from July to December 2010..

Social Report – Alvin Counsel
Morning tea Meadow Springs
was very successful as shown.

Wednesday 9th December members will enjoy lunch at Sandy Cove Hotel South Yunderup .

Next years functions are already being planned. They will commence on 9th February 10am for morning tea at Eden Vale Pinjarra.

**Club News**

Buddy action - Maureen Bernado. Is our new Buddy for Dudley Park and next year we will be holding a get together for all the Buddies who do such a great job. Not sure where or when but we will let you know in the New Year.

Lottery Grant.

Some of your committee attended a meeting held by Lottery West at the Council's Tuckey Room recently and we were encouraged to apply for a Grant to possibly update some of our equipment and office requirements. That is now in progress.

Senior Expo - Arthur Turvey reported that there was quite a lot of interest shown from people this year and Paddy Creevey, our Mayor is interested in giving us radio exposure. Arthur is looking into this.

The President then convened a short 'Special Meeting'

She propose a resolution to pass a few small alterations to our Constitution: In several clauses of the Constitution the name "Mandurah City Senior Citizens Centre" is mentioned, this will need to be changed to "Ac-cent Mandurah" to comply with legal requirements.

We need your approval to go ahead with the changes, after which we can then register the changes with the relevant authorities and they will appear in the Constitution on the Website.

Here are the relevant clauses :- quote -

- 1) 5.4.4 bound by the rules and regulations of the Mandurah City Senior Citizens Centre when using their facilities.

Will change to :- bound by the rules and regulations of Ac-cent Mandurah when using their facilities.

- 2) 5.6.1 The Secretary shall on behalf of the Association keep and maintain the register of members in accordance with section 27 of the Act and that register shall be so kept and maintained at the Mandurah City Senior Citizens Centre;

Will change to :- The Secretary shall on behalf of the Association keep and maintain the register of members in accordance with section 27 of the Act and that register shall be so kept and maintained at Ac-cent Mandurah

- 3) 11. SEAL OF THE ASSOCIATION

The Association shall have a common seal on which its corporate name shall appear in legible characters and shall be kept and maintained at the Mandurah City Senior Citizens Centre in the custody of the Secretary of the Association or such other person as the members from time to time decide.

Will change to :- The Association shall have a common seal on which its corporate name shall appear in legible characters and shall be kept and maintained at Ac-cent Mandurah in the custody of the Secretary of the Association or such other person as the members from time to time decide.

Moved Merv Brindley, Seconded Meri Forrest, Carried.

Question Time.

The monthly meeting is proving to be a popular time to air problems and advice from members!

This time we heard about converting Video Tapes to disk from Merv and slides & film scanners that could transfer 6 normal slides at a time to computer. This equipment for a relatively good price of \$88 from Big W ! I'm sure they won't mind my mentioning their name.

Another enquiry about beginners information on Computers. This was published in Bussleton News Letter and we will circulate via PSN.

Chris Dodd remarked that there is equipment in the shops now that incorporates both VHS and DVD.

Jim Thomson said that to operate is fairly easy and just by pressing play then pausing to put in a disk, recording can be achieved perfectly.

One member described the problems she was having with free AVG. An 'update' was repeatedly appearing on her screen requesting a costly download. The answer was to read down further and click the free update which is there.

In the Christmas spirit another member encouraged us to take a trip to Perth and photograph the lights which are amazing!

OUR SPEAKER FOR THE MONTH WAS Jan McGlenn

The title of her talk was 50 plus and going broke! (Life after retirement)

Jan gave us an interesting run down of the start of Peel Senior Net and her early training in various electronic equipment when she journeyed to Adelaide, particularly learning the use of 'Eftpos'. She also narrated how with this knowledge and plus much more it was exciting to learn and teach how to cook in a microwave oven and all the other new technology. In fact the Seniors, with Jan as co-coordinator were used as a bench mark for other areas in the Peel Region and beyond !

The Peel Region Development Commission then came into being. On line communication and computers and Online WA Communities were initiated. Mal Bryce was a leading light in this .

Many of our members actually remember these beginnings and the wonderful visit from 'Cyber Gran' Hilda De Starts who visited the Senior Citz. in a wheel chair all the way from the Eastern States to talk with enthusiasm about this marvelous method of communication called the 'Internet' ! She inspired us all. The conference was amazing Jan said, with the games room set up with a bank of computers .

Michael Ashley was the team leader in this direction and raised the awareness of the tools for this information age. In fact there were many enthusiasts at that time to get this project off the ground.

The next step was to place some computers in the library at the Centre and hold lessons with an instructor from a local college. Then our own Iris Harrison after being a star pupil became a tutor.

Peel Senior Net came into being when the people attending that Conference put their names down on a list of interest. Jan became the first Secretary . This is now recorded in our own Web Site in the History section.

Jan continued by telling us of changes that came about in the Centre at that time, including air conditioning in every room, building a computer room and a first aid room plus altering the kitchen to name a few, achieved by expanding the building. This was accomplished with aid of many different grants.

Now Jan is retired and is busier than ever ! Seniors Recreation Council is one of her main interest which is an Active recreation group for the over 50's.A non profit government organization run entirely by volunteers.

SRC have ten branches throughout the State and Jan herself represent all the Presidents of those branches. The Peel branch has been instrumental in launching 'SLAPP' to provide seniors with sports programs such as, canoeing, pole walking etc. This was so successful. It was decided to continue but to get a grant there needed to be a name change 'Double Dip' was decided on and this includes salt water swimming exercise at the beach and hopefully will start on the 2nd of December, Jan said.

Recently a 'Seniors and those in Care, Games' has become prominent supported by people like Alcoa and at the last meet there were 190 competitors coming from all over the Peel Region.

The next project is Aboriginal Elder Activity games. Wii will be used and indoor sports such as bowling plus lunch will be supplied.

There is a calendar available now picturing all the activities of Seniors that have taken place over the last year Jan told us to complete her talk.

We thanked Jan for her excellent talk and presented a Certificate of Appreciation to her. Then she kindly drew the raffle for our group .

RAFFLE The winner was Muriel Crease . Muriel & Jan pictured. Congratulations!



The next meeting will be on the 22nd February next year- have a wonderful Christmas and New Year.

Cheers Christine

